

The answer to “*How to become Patient*” is:

1. “**Trust Allah.**” And to believe that this is the best for you (We discussed in the stage of trust at <https://myislam.net/#trust> and [https://youtu.be/C\\_XCaiwNO3M](https://youtu.be/C_XCaiwNO3M) .
2. You have to understand the following as Allah said in Surat Al-Kahf “how could you be **patient** about something that you cannot understand”
  - a. Believe the reward of patience that we will discuss in the next section
  - b. Understanding the real size of this life compared to the hereafter (100/infinity = Zero)
  - c. Everything in this life will pass and death will definitely put end to everything
  - d. Paradise: One dip in paradise will make you forget everything
  - e. It clears sins
  - f. Alarm to get closer to Allah (Awakening and Consciousness)
  - g. Your calamity is as your Believe
  - h. It was already written, no value of panic
  - i. Understand what is the worship that is needed to be done during the calamity, which is patience – it is obligatory
  - j. Trust that this is a medication and should not throw it
  - k. It is a test
  - l. We are created to be tested
  - m. Everyone has a calamity but in different size